Outer Hebrides Alcohol and Drug Partnership

ALCOHOL BRIEF INTERVENTION (ABI) TRAINING

Monday 18th January 2027
10.00am-12.00pm
Venue: Training Room 1, Seaforth House/Taigh Shiphoirt, Sinclair Ave, Stornoway, HS1 2AQ

FREE TRAINING COURSE

What will I learn?
Following this training session, you will be able to confidently raise the issue of alcohol with your clients/patients and deliver an Alcohol Brief Intervention (ABI).

What is an ABI?
An ABI is a short structured, evidence-based conversation about alcohol consumption with a client/patient that seeks in a non-confrontational way to motivate and support the individual to think about and/or plan a change in their drinking behaviour in order to reduce their consumption and/or their risk of harm.

Who is the training suitable for?
People who wish to increase their knowledge of alcohol-related harm issues and be able to confidently deliver a brief intervention. This will include people working in:

· Primary Care
· Antenatal
· A&E
· Pharmacy
· Criminal Justice
· Youth Workers
· Community
· Voluntary and Third Sector

To book your space on this training session please contact us on wi.ohadp@nhs.scot or by phone at 01851 708 056